



MOTHER WIT

MARCH 2007

Volume 3, Issue 3

Dedicated to Mothers Who Have:
Reasoning Power, Intelligence, A Mental Soundness, Resourcefulness, Ingenuity, Quickness and
Cleverness in Handling Words and Ideas

CELEBRATE MARCH !!

ANOTHER YEAR BRIGHTER!!!!

Cynthia F. March 7

Shelia P. March 23

Ashley G. March 29

Sandra Q. March 30

Ruth G. March 31

Kisha K.-C. March 31

CELEBRATE THE DAYS

National Women's History
Month

National Clutter Awareness
Week 3/25-3/31

National Kid's Craft Day 3/14

Big Bird's Birthday 3/20

National Good Off Day 3/22

It's All About You!!



DO YOU NEED AN ATTITUDE ADJUSTMENT?

1. "Make the World Go Away"
2. "Raindrops Keep Falling on My Head"
3. "I Did It My Way"
4. "Oh, What a Beautiful Morning"

Which of these song titles best fit your mood the majority of the time?

It has been said that "often our attitude is the only difference between success and failure." We all want to be successful in our lives, whether it is in our marriages, raising our children, on our jobs, at school, or even in our friendships and relationships with others.

Now is as good a time as any for you and I to examine our attitudes. Can we keep our current song, or do we need to change our tune?

KID'S KORNER

SCHOOL IS STILL IN SESSION!!!!



Believe it or not, the 2006-2007 school year is almost over. It seems like just yesterday that we were buying school supplies and hoping and praying that this school year would be a great one for our children. There is still time to:

- Teach your child how to listen by modeling good listening skills yourself.
- Model curiosity, discovery, and a sense of wonder. When parents are lifelong learners, kids are more apt to take learning seriously.
- Teach your child to break big tasks into smaller ones. It's a survival skill in and outside of school.
- Teach your child to associate with winners. Success can be contagious.

HAPPINESS IS SOARING WITH THE WINGS YOU HAVE BEEN GIVEN.

HUG

Hug people, a pillow, animals, trees, yourself. Full-body hugs, deep hugs, friendly hugs, jumping-up-and-down-hugs. Group hugs, circle hugs, lying-down hugs, hugs that go around and around and never seem to stop. Hug outside the market, in front of the church, in the swimming pool, at the scenic overlook, on the back porch by the light of the citronella candle. Hug on the way to the cemetery, beside the grave. Hug to keep from falling to the ground in grief. Hug when you can't find the words to say : *I made it all the way. Thank God you're safe. We got the grant. The test was negative. They picked my design. I heard the baby's heartbeat. Poppa's coming home. We lost everything. I love you very much.*

365 Words of Well-Being for Women

In the cafeteria of a parochial school, the children were lined up for lunch. At the beginning of the line was a large pile of apples. A nun had placed a note in front of the apples: "Take only one. God is watching."

Farther down the cafeteria line was a large pile of chocolate chip cookies. One of the boys wrote a note and placed it in front of the cookies: "Take all you want. God is watching the apples."

MORE STRESS BUSTERS



- ◆ Develop trust-Trust in God.
- ◆ Develop Order -Tidy Up.
- ◆ Debrief - Talk out you tensions with a friend.

Sing in the shower.
She who sings scares
away her woes.

GOOD IDEAS!! GREAT IDEAS!! GRAND IDEAS!!



- ◆ Slow down to pray.
- ◆ Put the Superwoman cape away.
- ◆ Surround yourself with supportive people.
- ◆ Say yes to what you love.
- ◆ Get out of your rut.
- ◆ Focus on one task instead of many.

IN THE SPOTLIGHT

Name: Linda M.

Birthdate: January 15

Current Residence: Wisconsin.

Family Includes: Husband and Son

Favorite Color: Purple

Favorite Time of the Day:

"Afternoon-If it's been a bad morning, perhaps the day will get better. If its been a good morning, hopefully I'll continue to have a good day."

Favorite View: Ocean or Mountains- Mountains.

Favorite Flavor of Ice Cream:

Strawberry Cream Cheese

Favorite Fruit: Grapes

Favorite Season: Spring

Choice to live either in New York or Paris for A Year: Paris

Choice between a picnic in the park or dining in a fine restaurant: Dining in a fine restaurant

If you had to chose which would you like to be know for-

Accomplished Pianist. Famous Artist, Renowned Surgeon: A renowned surgeon, brain surgeon to be specific.

One simple thing that makes her smile: "Watching old Tom and Jerry cartoons."

Favorite Place to Sit at Home In my living room on the couch looking out the big picture window.

Today is the day to go
after your dreams.

Motherwit
PO Box 462
PARK FOREST, ILLINOIS 60466
708-748-5306
motherwit@ameritech.net