

MAY 2010

Dedicated to Mothers who use reasoning power, intelligence, mental soundness, resourcefulness, ingenuity and quickness to help navigate them through motherhood.



MOTHER WIT

CELEBRATE MAY !

National Bike Month

National Book Month

National Strawberry Month

National Backyard Games Week 5/23-5/29

MOTHER'S DAY 5/9

National Self-Esteem Day 5/15

You have a unique message to deliver, a unique song to sing, a unique act of love to bestow. This message, this song, and this act of love have been entrusted exclusively to the one and only you.

John Powell ,S.J.



**Are You as Tired as I Am?
I Think We Need Some Rest !!**

God authorizes us to take that rest and refreshment which are necessary to keeping up the strength of mind and body. —Saint John Baptiste De La Salle

He said, “My Presence will go with you, and I will give you rest.” Exodus 33:14 NKJV

“I will give rest and strength to those who are weak and tired.” Jeremiah 31:25 NCV

“He gives strength to those who are tired and more power to those who are weak” Isaiah 40:29 NCV

See, it's okay for us to rest! He will even help us out!

Happy Mother's Day

To the mothers who:

- ◆ have set up all night long with a sick toddler in their arms,
- ◆ run carpools and make cookies and sew costumes for the school plays,
- ◆ ache as they see their once innocent babies move into the “tween” and then teen years,
- ◆ are stumbling through diaper changes and sleep deprivation,
- ◆ teach their sons to cook and their daughters to sink a jump shot,
- ◆ lock themselves in the bathroom when their babies keep crying and won't stop,
- ◆ feel the need to flee from wherever you are when you hear news of a school shooting, a fire, a car accident, a baby dying, so that you can hug your own child,
- ◆ are married, are single, who work outside of the home, and those that stay at home
- ◆ are just trying to do a great job....

In the Spotlight

Full Name: Sandra
Birthday: October 1
Current Residence: Orlando, Fl
Family Includes: Hubby,
 Son -16, Daughter -14,
 Pippy (5 y/o Greyhound),
 2 hermit crabs (Flower and Jewel)
 and 3 fish (Munchkin, Suki, and
 Miko)
Favorite Color: Chocolate
Favorite Dessert: Carrot Cake
**Would you prefer to swim in a
 swimming pool or the ocean:** I
 swim in the pool but I LOVE the
 ocean.
**If you could meet one famous per-
 son, who would it be:** President
 Obama
Favorite Room in Your House:
 Family Room
Hobby: Reading
Favorite Holiday: Christmas
Favorite television show: Project
 Runway
Favorite Magazine: National Geo-
 graphic
Favorite Breakfast food: Grits
Last Good Movie you Saw:
 Hmm...what about last good
 book? Anna-In-Between by Eliza-
 beth Nunez
**What foreign country would you
 like to visit:** Italy
**Would you rather laugh or make
 others laugh:** Laugh

Reach

Reach a little
 further inside
 each day. Go

deeper, try to reach your innermost core. Reach for a star, reach for the moon. If you can't quite reach your goal, consider moving it a little closer. Consider asking someone to give you a boost. Consider reaching it in a whole new way. When you've reached the end of your rope, reach for a pair of scissors. Reach for the earth at least as often as you reach for the sky. Reach over and help a woman who is struggling. Remember that when you reach the mountaintop, there's a valley on the other side. Then there's another mountain. Proceed on your way without ever caring if you reach your destination. Know that everything humanly possible is within your reach, no matter what. When you think you've reached the end, reach out and touch a brand new beginning.

365 Words of Well-Being for Women
 by Rachel Snyder

Every woman should know:

- ◆ Not to give up
- ◆ A sense of humor adds balance to life
- ◆ At least one dance step
- ◆ If Mom isn't happy, no one is happy
- ◆ The joy of developing her hidden talents



A harried mother was desperately trying to manage her three young children in a supermarket. Neither threats nor bribes had any noticeable effect. The oldest had just knocked down a display of toilet tissue, the youngest was in the shopping cart screaming and the other one kept running up and down the aisle whooping and hollering. A man standing nearby observed the chaos and asked the mother as she passed by him chasing an errant child, "If you had to do it over again, would you have kids?" "Yes," she shouted back to the man, "but not the same ones."

Kids Say.....

Kid's Corner

What kind of little girl was your Mom?

"I don't know because I wasn't there, but my guess would be pretty bossy."

"They say she used to be nice."

If you could change one thing about your mom, what would it be?

"I would like for her to get rid of those invisible eyes on her back."

What does your mom do in her spare time?

"Mothers don't do spare time."

What's the difference between Moms and Dads?

"Moms have magic-they make you feel better without medicine."



May's To Do List

- ◆ Give yourself permission to be yourself
- ◆ Feed your mind well
- ◆ Hug this moment
- ◆ Clean out your closet
- ◆ Get out in the sun



Minding Her Business!!!

A Look at Moms Who Run Their Own Businesses

Introducing Mary Hung

MW: What is *Scentsy*? (<https://maryhung.scentsy.us/Home>)

MH: *Scentsy* is the latest and greatest in candles. It is a safe, wickless alternative to traditional candles. *Scentsy* warmers are designed to melt scented wax with the heat of a light bulb instead of using a traditional wick and flame. There are many different sizes and styles of warmers and over 80 different scents to choose from.

MW: Why did you choose this type of business?

MH: I sold soy candles for over 5 years before deciding on *Scentsy*. I liked the unique product and another way to accessorize my home while adding a special scent element to my home.

MW: What do you like most about running your own business?

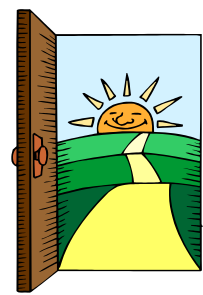
MH: I love being my own boss and not having to meet any certain numbers, have a set schedule and answer to anyone. I work hard during the fall and winter months and pretty much take off the summers to spend with my daughter. Other than my 7 year old, I don't have a boss.

MW: What is the most rewarding aspect of running *Scentsy*?

MH: *Scentsy* essentially sells itself and everyone loves the the products. I get to try new scents and change out my home warmers as often as I want. *Scentsy* is a great company to be involved with because they provide a great product, outstanding training and support to their consultants.

MW: What one piece of advice would you share with a Mom who may be considering starting her own business.

MH: First and foremost I would say don't let anyone pressure you into joining their team. I tend to shy away from high pressure people because it seems as they are only out for recruits and commission overrides. Do something that you love and that you are passionate about. It should be fun and enjoyable and not feel like a job. Get referrals from other people and research the companies.



If you follow your bliss, doors will open for you that wouldn't have opened for anyone else.

Joseph Campbell