

Dedicated to *Mothers* who use reasoning power, intelligence, mental soundness, resourcefulness, ingenuity and quickness to help them navigate through motherhood.



Hugs from children make the makeupless motherhood days just a bit more beautiful.

Celebrate November!

- World Kindness Week 11/8-14
- Good Nutrition Month
- National Game and Puzzle Month
- National Sandwich Day (11/3)
- National Doughnut Day (11/5)
- America Recycles Day (11/15)
- Homemade Bread Day (11/17)
- Thanksgiving Day (11/25)

An Attitude of Gratitude

Merci, Gracias, Grazie,

God gave you a gift of 86,400 seconds today. Have you used one to say "thank you?" William A. Ward

Hopefully you have many, many things to be thankful for, but just in case here is a list of things that will help get you started on your own list:

Air and autumn and animals
Babies and Breath and beauty
Children and compassion and Creativity
Daylight and Dew and daffodils
Emotions and energy and enthusiasm
Faith and Family and friends
Grandparents and graciousness and God
Hands and Health and hope
Ice cream and intelligence and intuition
Joy and journeys and jokes
Kindness and kisses and kittens
Love and laughter and leaves
Mothers and music and memories
Night and nature and neighbors
Order and oranges and oceans
Peace and patience and prayer
Quiet and quality and questions
Rain and romance and rest
Sunshine and stars and smiles
Today and time and trees
Unity and understanding and uniqueness
Vision and values and vacations
Winter and water and wisdom
eXcitement and eXpression and eXperience
youth and yearning and yesterday
zest and Zip and zeal

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Feel free to share the newsletters with your friends, family, co-workers. Send their e-mail addresses so that they will get a chance to be "In the Spotlight".



In The Spotlight:

Name: Toni

Family Includes: Me, husband, 3 children and 2 Golden Retrievers,

Birthdate: November 13

Lives in: Ohio

Favorite Color: Hmm - I wear a lot of black, but I like yellows.

Sunny and cheerful even in the dreary Ohio winters.

Favorite Dessert: Apple Crisp. Love it!

Favorite Room in Your House: Kitchen/great room. We completely renovated our house about 5 years ago. We moved out for 6 months into a 1 bedroom apartment with 2 Golden Retrievers and a 1 year old. We moved back into our dream house. The kitchen/great room is where we spend most of our time as a family.

Favorite Comfort Food: Potato Chips

Favorite Childhood Cartoon Character: Garfield

3 Things you are most thankful for: The health of my family, my children and my husband.

Favorite food to eat for/at Thanksgiving dinner: My parents owned an Italian restaurant when I was growing up. My dad was the chef and he makes the most amazing Thanksgiving dinners. His stuffing and gravy are something I look forward to all year. I have tried to make it - but it just isn't as good as he makes it.

Which would you prefer to watch on television: drama, comedy, reality show: My husband tells me I have the worst taste in TV. The only shows we agree on are Law and Order and Hoarders. If I had to pick, it would be reality - but I also love my soaps!

Which would you choose-Best-Selling Author, Academy Award Winning Actress, Olympic Gold Winner: Well, in my mind, I have won each of these awards (hehe!) but if I had to pick, probably Best-selling author. I would love to write a book someday.

Given the opportunity which would you rather play with-Rock Band or an Orchestra - After a decade of organ lessons - I'd probably listen to the rock band but be more comfortable playing in the orchestra

What foreign country would you like to visit: I'm not a big traveler. I like to stay close to home, however, my father is full Italian, so it would be fun to go to Italy. I have been to London and Paris (got engaged in Paris!). We did a driving trip of Ireland for our honeymoon for 2 weeks. That was awesome.

Favorite time of the day: Bedtime! I love my children dearly - but by the time 8pm rolls around, I'm done.

Favorite type of sandwich: I grew up calling them Hoagies - but I think most people call them subs. In my hometown of Bradford, Pennsylvania there is a restaurant called Toogie's. Love their hoagies.

Would you rather laugh or make others laugh: Make others laugh.

Room With A View-If you had your wish what view would you like to see outside your living room window: My in-laws have a condo in Naples, Florida right on the beach. The sunsets and sunrises are just amazing. I wish I could see that everyday - although if I did, I probably wouldn't appreciate them as much.

You have an hour to spend all by yourself, no interruptions, what would you do: Take a nap

Harvest

Fill your arms with all the abundance you have manifested. Harvest the fruits of your labor. After planting the seeds of hard work and dedication, harvest your well-earned success. From sowing seeds of loving relationships, harvest a lifetime of love in return. Bring home the trophy, the signed contract, the check, the baby you prayed for. Pick up your diploma, throw your cap skyward, receive your just reward. Go to your mailbox and find the letter at long last. Pick up your phone and hear them say "Yes". After planting your seeds and tending them well and standing back and waiting and being patient and sometimes impatient, bring in the harvest. Be accepted, be selected, get hired, reunite, make the final cut, get paid, get recognized, receive tenure. And while you're harvesting with one hand, be sure the other is sowing anew.

365 Words of Well-Being for Women - Rachel Snyder

Caught Up In the Web



- **MD Moms**
<http://www.mdmoms.com/> Board-certified pediatricians and moms, who were inspired by the needs of their patients and their own children to create Baby Silk, the first pediatrician-developed personal care line for babies!
- **Hearts at Home**
<http://www.hearts-at-home.org/> Hearts at Home is a Christ-centered organization that encourages, educates, and equips women in the profession of motherhood. Events for moms are held in Minnesota, Illinois, Colorado and in an international location.
- **Abundance Blog at Marelisa Online**
<http://abundance-blog.marelisa-online.com/> A blog where you'll find tips and resources to help you increase your creativity, be more productive, and get the most out of life.
- **Rookie Moms**
<http://www.rookiemoms.com/> Whitney and Heather began writing down ideas for fun things to do while out and about with their babies. Their website was put together to share their inspiration and adventures with other Moms.

Magnificent Moms

Congratulations to **Nina Rodecker** who came in 1st Place in StartUpNations's Leading Moms in Business 2010 Competition

Nina who was featured in the November 2009 issue of Mother Wit's "Minding Your Business" section, owns Tasty Cloud Cotton Candy. Tasty Cloud Cotton Candy, located in West Los Angeles, was launched in 2008 by Nina.

- To find out more about Tasty Cloud Cotton Candy, visit www.tastyclouds.com
- To read more about StartUpNations's Leading Moms in Business 2010 Competition visit <http://www.startupnation.com/leading-moms-in-business/>

Dawn Billesbach who was featured in October's "Minding Your Business" section is offering a 20% discount to Mother Wit Mom's

Visit her website www.menufortheweek.com and type in **Mother Wit** for the coupon code.
Thanks Dawn!!!!

Principal: This is the fourth time you've been in my office this week. What do you have to say for yourself?

Sam: I'm so glad today its Friday.

Jeanne: Mom, I got a hundred in school today!

Mom: Good job! What did you get a hundred in?

Jeanne: In two things, I got a forty in math and a sixty in spelling.



**You are braver than you believe,
and stronger than you seem,
and smarter than you think.**

A.A. Milne

Minding Her Business



A look at Moms who run their own businesses.
Introducing Sharon Katzevman-Thirty-One

<http://www.mythirtyone.com/sharonk31/>

MW: How did you get involved with **Thirty-One**? How long have you been a consultant?

Sharon: I started with Thirty-One in August 2010 through a Facebook friend of mine who started selling Thirty-One. I had always been quite skeptical about the direct-selling industry, so I thought to myself, "there goes another good one, off to drink the Kool-aid of the direct-selling world!" Well, she soon started to talk about **Thirty-One** in her statuses, how she was enjoying it, how well she was doing and showcasing products. I instantly loved the products! After a few months, she was promoted, then promoted again, then quit her full-time job. So as a single mom with 2 young daughters, I thought, hey, maybe this Kool-aid could be good for me too! So I asked her about it. Up to that point, I had already discussed direct-selling opportunities with a few other friends who represented different companies. Nobody could give me a straight answer about how much they made, how many hours work it involved and how easy it was to get parties. My friend gave me very straight answers about commissions, her working hours and tons of information that **Thirty-One** had to offer including loads of tips that she came up with herself. That's when I knew that Thirty-One was for me and I am thrilled with my decision!

MW: What do you like most about being a **Thirty-One** Consultant?

Sharon: Probably the number one thing I love about **Thirty-One** is the ability to decide how much or how little business I want. It's all in my own hands how busy I chose to be. I can work really hard and make a lot of money one month, or take it easy and work less the next month. So far, I've been working really hard because I want to grow my business, get my name out there, develop my team and be promoted over the next couple of months.

MW: What are some of the challenges you have encountered being an independent consultant?

Sharon: The Greater Seattle area is very apprehensive about direct-selling businesses, specifically hosting Home Parties. I'm not sure why. I feel it is part of my mission to change the way the Seattle area looks at Home Parties. In fact out of my first 13 Home Parties, only 3 of them were actual "Home Parties", the rest were festivals, events and open houses that I participated in or planned.

MW: What one piece of advice would you give Moms who may be considering becoming an independent consultant?

Sharon: Do your research!! Talk to people who are and have been direct-selling consultants. Get the facts and don't jump at any opportunity that comes your way.

Kid's Corner



Something Extra

Read-

Raising Happiness: 10 Simple Steps for More Joyful Kids and Happier Parents

Christine Carter

Watch-

Change Your Kids' Attitude with Gratitude

http://greatergood.berkeley.edu/raising_happiness/

Memo From Your Child

To: Mommy

Fr: Your Child

- Don't spoil me. I know quite well that I ought not to have all I ask for. I'm testing you.
- Don't be afraid to be firm with me. I prefer it; it makes me feel more secure.
- Don't let me form bad habits. I have to rely on you to detect them in the early stages.
- Don't correct me in front of other people if you can help it. I'll take much more notice if you talk quietly with me in private.
- Don't nag. If you do, I shall have to protect myself by appearing deaf.
- Don't be inconsistent. That completely confuses me and makes me lose faith in you.
- Don't put me off when I ask questions. If you do you will find that I stop asking and seek my information elsewhere.
- Don't ever suggest that you are perfect or infallible. It gives me to great a shock when I discover that you are neither.

November's To Do List

- ✓ Visit the website <http://thankfulfor.com/> to start your own daily gratitude journal or to just see what people around the world are thankful for.
- ✓ Buy yourself a beautiful blank book and challenge yourself to write 3 things that you are thankful for 30 days in a row.
- ✓ Commit to being your best self every day this month. Put your best effort into everything you do, no matter how small or insignificant it might seem.
- ✓ Be content with what you have.
- ✓ Start setting short-term and long-term goals for 2011.
- ✓ Find a fun lunch spot.
- ✓ Pat yourself on the back. You deserve it.



Heavenly Father,

Thank you for the opportunity to laugh. Help me to find joy in everything that I do. Let me laugh and be cheerful, so that those around me will be blessed by my smile and optimism. Amen..... Kim Boyce

If you can learn to laugh in spite of the circumstances that surround you, you will enrich others, enrich yourself, and more than that, you will last!

Barbara Johnson